

Year

2021

Month

3

Start Day

1

1:Sun, 2:Sat

## June 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b>	<b>31 Closed</b> 1/2 c apple 1oz peanut or almond butter 2 pretzels	<b>1 Closed</b> 1/4 c yogurt 1/4 c strawberry 4 graham crackers	<b>2 Closed</b> 1/4 c pineapple 3 crackers 1 slice cheese	<b>3 Closed</b> 1/4 bagel 1 oz cream cheese 1/2 banana	<b>4 Closed</b> 1/4 c yogurt 1/4 c pineapple or strawberry 1/4 c cereal of choice	<b>5</b>
<b>6</b>	<b>7 1/2 c. milk</b> 1/2 c. apple 1oz peanut or almond butter 2 pretzels	<b>8 1/2 c. milk</b> 1/4 c yogurt 1/4 c blueberry 4 graham crackers	<b>9 1/2 c. milk</b> 1/4 c orange 3 crackers 1 slice cheese	<b>10 1/2 c. milk</b> 1/4 bagel 1 oz cream cheese 1/2 banana	<b>11 1/2 c. milk</b> 1/4 c yogurt 1/4 c blueberry or orange 4 graham crackers	<b>12</b>
<b>13</b>	<b>14 1/2 c. milk</b> 1/2 c apple 1oz peanut or almond butter 2 pretzels	<b>15 1/2 c. milk</b> 1/4 c yogurt 1/4 c strawberry 4 graham crackers	<b>16 1/2 c. milk</b> 1/4 c orange 3 crackers 1 slice cheese	<b>17 1/2 c. milk</b> 1/4 bagel 1 oz cream cheese 1/2 banana	<b>18 1/2 c. milk</b> 1/4 c yogurt 1/4 c orange 4 graham crackers	<b>19</b>
<b>20</b>	<b>21 1/2 c. milk</b> 1/2 c apple 1oz peanut or almond butter 2 pretzels	<b>22 1/2 c. milk</b> 1/4 c yogurt 1/4 c blueberry 4 graham crackers	<b>23 1/2 c. milk</b> 1/4 c pineapple 3 crackers 1 slice cheese	<b>24 1/2 c. milk</b> 1/4 bagel 1 oz cream cheese 1/2 banana	<b>25 1/2 c. milk</b> 1/4 c yogurt 1/4 c blueberry or pineapple 4 graham crackers	<b>26</b>
<b>27</b>	<b>28 1/2 c. milk</b> 1/2 c apple 1oz peanut or almond butter 2 pretzels	<b>29 1/2 c. milk</b> 1/4 c strawberry 1/4 c yogurt 4 graham crackers	<b>28 1/2 c. milk</b> 1/4 c orange 3 crackers 1 slice cheese	<b>29 1/2 c. milk</b> 1/4 bagel 1 oz cream cheese 1/2 banana	<b>30 1/2 c. milk</b> 1/4 c yogurt 1/4 c orange or strawberry 4 graham crackers	<b>31</b>

1

2

**Goals**

1. Crackers= any whole grain cracker \_\_\_\_\_

2. \_\_\_\_\_

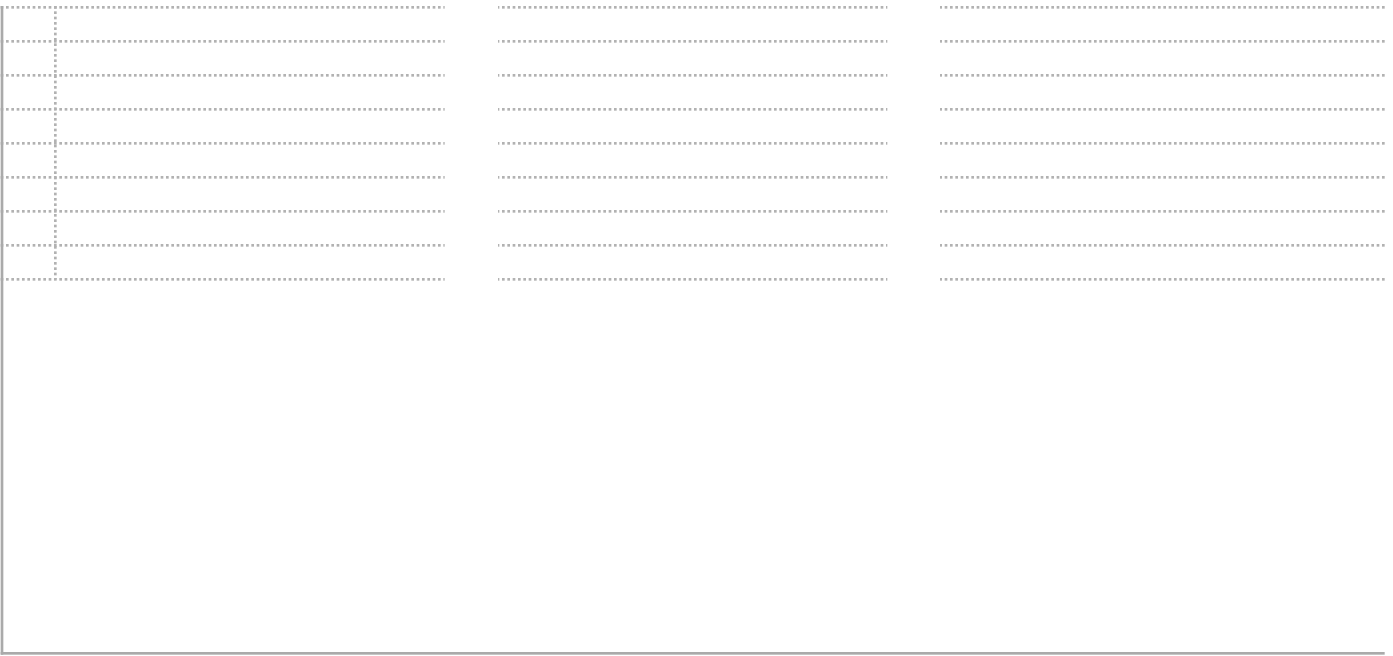
3. \_\_\_\_\_

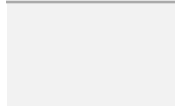
4. \_\_\_\_\_

5. \_\_\_\_\_

 **To Do****Remember****Notes**

Use any of the crackers, sweet potato veggie crisps, pretzels, wheat thins, t





Saturday


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July 2021							August 2021						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
				1	2	3	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28
25	26	27	28	29	30	31	29	30	31				